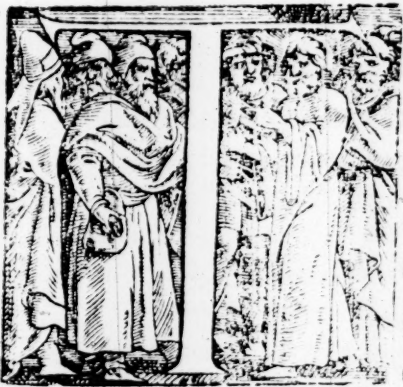


**A proclamation, set furth by the Kynges Maiestie, with the aduise of his  
highnes moste honorable counsaill, the .ix. day of Marche, in the fifth yere of his  
highnes most prosperous reigne, forbidding the eating of fleshe, in the  
tyme of Lent, and other dayes prohibited.**



**H**E kyng our moste dread souereigne Lorde Edwarde the sixt, by the  
grace of God kyng of Englande, Fraunce and Irelande, defendour  
of the faith, and in yearth of the churche of Englande and also of Ire-  
land, the supreme head, calling to his remembraunce, the greate scarcetie  
of victualles and especially of fleshe, that is presently growen within  
this his realme, and therewith remembryng, how great hurte & damage  
groweth and is like to growe dayly, to his moste louyng Subiectes by  
continual eating of fleshe, in the dayes and times accustomed to be ab-  
steyned from fleshe, and in especially in the tyme of Lent, whiche for the moste parte is the greatest and  
chiefest tyme of brydyng of all manner of fleshe, and that by eating of fishe, and forbearinge of fleshe,  
in the sayde times of vsual abstinence from fleshe, muche fleshe is bredde and increased, to the continual  
and moze plentiful sustenaunce of his louyng Subiectes of this his Realme, and likewise fishermen by  
taking of fishe and utterance thereof, are the better able to liue, and therby the moze exercised and made  
apt to serue his highnes in his Flaue when nede shal requyre, for the defence of this his Realme & Sub-  
iectes of the same. And further his highnes, most godly remembryng a profitable and necessary act of par-  
liament, made in the second yere of his most gracious reigne, whereby it is enacted, that no person or per-  
sones, of what estate, condicion or degree soeuer he or they be, shoulde after the firste day of Marche, in the  
yere of our Lorde God. M.D.xlix. willingly and wittingly, eate any manner of fleshe, after what maner  
of kinde or sorte it shoulde be ordered, dressed, or bled, vpon any Friday or Saturday, or the Iymyng da-  
yes, or in any daye, in the time commonly called Lent, nor in any other daye that then was or shoulde be at  
any tyme after commonly accepted or reputed as a fishe day, within this Realme of Englande, wherein it  
hath bene commonly vled to eate fishe, and not fleshe, vpon paine that euery person eating any manner  
of fleshe, vpon any of the saide dayes or times prohibited by the sayde act, to forfet for the same firste of-  
fence, .x. s. & to suffer imprisonment for tenn dayes, & during the tyme of his or there imprisonment to eate  
no fleshe, with other further peines concerning suche eating of fleshe, as by the sayd acte amonges other  
articles and prouisions, moze playnely apereth: Whiche saide act sins the making thereof, hath bene and  
dayly is disobediently and stubbernelly, infringed, neglected and broken, by diuers and many wilful, ar-  
rogant and disobedient persons, in contempt of his highnes and his lawes. For redress and due punish-  
ment wherof, the kinges maiestie our said most dread souereigne & liege Lord, most streightly chargeth  
and commaundeth, that from and after the making of this his highnes present proclamation, and pub-  
lishing of the same, no manner of person or persons, dwelling, inhabiting, resiant or abiding within this  
his Realme of England, or any other his dominions, or territories, hauinge no licence of his highnes to  
eate fleshe in the times prohibited by the said acte, ne being prouided, forpysed, or excepted by the sayde acte  
do willingly or wittingly, eate any maner of fleshe in the tymes of Lente or in or vpon any other daye  
prohibited by the sayde acte, contrary to the effect, purpote and tenor of the sayde acte, vpon the paynes  
and penalties conteyned in the said statute, and as they will auoyde his highnes indignacion and dys-  
pleasure.

And that no manner of person or persons, keepyng, or that shall kepe any Tauerne, Inn, Hostrie, vic-  
tuallling house, common or vsuall table for any Gesses, or Alehouses, within his saide Realme or domi-  
nions, from and after the making of this his highnes proclamation, utter any fleshe, in any kinde of ma-



in the house, or else where, in any the tymes prohibited, by thesaide act, or statute, to be eaten by any person not licenced, or provided for, as is aforesaid, vpon paine and penalties, as shalbe assessed and taxed, by the Lordes of his highnes counsaile, or by two Justices of the peace, within the Countie, where the offence shalbe committed, or by the Mayres, Aldermen, Baylives, or other hed officers, of Cities, Townes, Borowghes, within thesaide Realme.

And that no Butcher, ne other person, after the making of this present proclamation (except he shalbe specially licensed by his highnes vnder the great Seale of Englande) shall kill, or sel any fleshe, beyng dead within his sayde Realme, or dominions, to be eaten in or vpon, any the dayes or tymes prohibited by the said act, and vpon like peine and paynes, as is before last expessed and limited. And that aswel the Maior of London for the time beyng, as all Justices of Peace, and all other Maiors, Sherrifes, Baylives, Constables, and hed officers, of al and euery Citie, Countie, Borowgh, Towne, and village within this his realme of England, and al other his highnes dominions and territories, as they wil auoyde his highnes displeasure and indignation and will farther answer at theyr perill, do from tyme to tyme, after the making of this his highnes proclamation, within their Rules, Jurisdictions, Auctorities, precinctes and Circuites, truly and diligently, with al speede, inquite, serche, and trye out, all and all manner offences, contemptes and inobediences, aforesaid. And vpon knowledge thereof, and due profe thereof made, that they and euery of them furthwith, commit all and euery suche offender and offenders to imprisonment, and there safe and suerly to be kept and remayne in prison, according to the discrecion of the same committores or any of them. And that al and euery his louyng and true Subiectes, be from tyme to tyme, ayding, helping and assisting to all and euery suche Maior, and Maiors, Justices and other Officers aforesaid, in the doyng and executing, of the effect and purport of this his highnes proclamation, as they will answer to his Maestie, vpon their vttermoste gylte, and as they will auoyde his highnes greuous indignation and displeasure.

God saue the King

RICHARDVS GRAFTON  
typographus Regius  
excudebat.  
M. D. L.

*Cum privilegio ad imprimendum solum*